



Burnaby FC U11 Girls and Boys Intake Program (2015 born)

As we prepare for tiering into Divisional and High-Performance programs in Spring 2025, the club is excited to offer a new program designed to enhance player development and identification for the U10 age group.

Players identified as excelling in their current program will be invited to participate in a block of four on-field sessions, introducing the habits and principles of play expected in Divisional and High-Performance environments at Burnaby FC.

- Objective:** Player development and identification in preparation for the U11 intake.
- Who:** Current U10 (2015s) players identified by staff coaches and/or team coaches as excelling in their current level of competition.
- What:** Block of 4 on-field sessions led by Burnaby FC Senior Staff Coaches (Kim Bull - Girls, Adam Hayne - Boys), and supported by CSA-certified Staff Coaches. Sessions will be focused on the principles of play and implementation of the Burnaby FC Game Model.
- When:** Girls: Tuesdays @ 4:45 - 6:00pm
Boys: Thursdays @ 4:45 - 6:00pm
- Where:** Burnaby Lake West Sports Complex - Field #4
- How:** Player identification is based on team training sessions and games, BFC Development Centre sessions, Age group Nights, and other related club programming. For each block, player names will be put forward 2 weeks prior to the start and invitations will be sent. Families must confirm their intention to accept a spot in the program by replying to the invitation email sent by the Senior Staff Coach.
- Cost:** FREE





Girls Schedule:

Session Block	Invitation Week	Dates of Sessions
1	September 22-28	October 8, 15, 22, 29
2	October 20-26	November 5, 12, 19, 26
3	December 8-14	January 7, 14, 21, 28
4	January 19-25	February 4, 11, 18, 25

Boys Schedule:

Session Block	Invitation Week	Dates of Sessions
1	September 22-28	October 10, 17, 24, 31
2	October 20-26	November 7, 14, 21, 28
3	December 8-14	January 9, 16, 23, 30
4	January 19-25	February 6, 13, 20, 27

How does the intake program differ from Development Centre?

Development Centre is focused on the technical development of the individual athlete whereas the intake program is focused on game and principles of play in and out of possession.





Are the same players going to be in each block?

Yes and No. Burnaby FC recognizes that players develop at different rates and allows for a fluid development process. Each month, a new round of nominations will be requested. Certainly, some players may be nominated each month, while others may not. Burnaby FC staff have the right to assess players in the program and deny consecutive blocks. In this case, the staff will provide feedback to the athlete for areas of focus to work on. The athlete will be eligible for the following block if applicable.

Does this program guarantee a roster spot in the High-Performance program?

No. The intake program is simply another contact point for staff to work with players in the age group. ALL players in the age group will be eligible for the U11 High-Performance and Divisional rosters in the Spring.

For more information, contact:

Girls - [Kim Bull](#)

Boys - [Adam Hayne](#)

