

# BURNABY FC

## FALL/WINTER 2024-2025

### REGISTRATION



# March 2024

Dear Burnaby FC Parents and Players,

Burnaby FC is pleased to announce our [2024-25 Fall/Winter Player Registration](#) is now open to all incoming U5 (2020 born) – U18 (2007 born) players.

## Programming Overview

This document is designed to provide our members with a detailed overview of Burnaby FC programming with an emphasis on the Fall/Winter 2024-2025 season which runs from September to early March.

## Why Register Early

We ask all returning players to please register before June 15, 2024 to help us with minimizing changes to team rosters. Many of our younger age programs fill up early. We also face early deadlines from leagues to commit to teams at different age levels and face fines if we get it wrong. As a result, Burnaby FC cannot guarantee a spot on any of our teams after June 15, 2024. In an effort to encourage early registration, the Club will be offering an Early Registration Discount until May 15, 2024.

While we will may be able to accept late registrations (after June 15, 2024) for some programs, team placement is limited to those teams who still need players. Some age groups may become full and late registrations will go on a waitlist. We will do our absolute best to accommodate everyone's requests however there are a number of factors in building and organizing teams and not all team placement requests may be accommodated.

## What Is Included

We are very cognizant of the costs associated with youth sport and are committed to finding ways to keep the fees associated around our programming affordable. We are also a non-profit organization attempting to provide the best possible environment, technical and administrative support, facilities, kit, and equipment. As with many organizations, we are also facing spiralling costs across all aspects of our programming, especially in the areas of kit and equipment.

In determining our fees for the 2024-2025 season, we have spent a great deal of time analyzing the costs associated with running our programs. We also believe our outstanding track record in player development and the quality of what we offer is second-to-none.



**Registration Fees include:** Training and Games, Insurance, Association and League Fees (BC Soccer, BCCSL, Burnaby District, VMSL and MWSL), Referee costs and Referee Education/Certification Support, Player Game and Training Kit, Team Equipment, Supporting Software and Subscriptions (Assignr, VEO, TeamSnap), Technical Support, Coach Education/Certification, Operations, Admin Support. High Performance (HP) Programming also includes BFC professional staff coaches, extra training sessions on turf fields, as well as HP game and training kit.

**Additional Programs:** Kick-Off Jamboree, College Combines (coming in May 2024), various information sessions (college scholarships, injury prevention, mental health workshops, team meetings, video sessions).



## Payment Details

Burnaby FC is committed to providing as much flexibility as possible to our families and we will continue to offer an instalment payment plan for certain programs for the [2024-25 Fall/Winter Player Registration](#). When checking out, you will be given the option to pay in full or pay with the payment plan where applicable. Please note registration fees are payable via Credit Card, however additional fees of approximately 2.9% will be added at checkout. Please refer to our [Registration and Refund Policy](#).



## Player Registration Details

Please ensure you double check the information prior to submitting the registration form. The first section within the registration form (labelled 'Participant 1 Info') is for the **PLAYER / PARTICIPANT** and **NOT** the parent/guardian. Please make sure to input the PLAYER's information (both name and birthdate) in this section. Often when using autofill, it will put the parent/guardian name in this section rather than the player.

## Financial Assistance

We are aware the cost of youth sport can be a challenge for some families, and we are committed to ensuring inclusivity. If you are interested in financial assistance, please see our [Financial Assistance Policy](#) and reach out to our [Operations Manager](#). All Financial assistance correspondence is kept confidential.

-  [KidSport Burnaby](#)
-  [Athletics for Kids](#)
-  [Jumpstart](#)

## Sibling Discount

If you are registering more than two players for league play in your family, please contact our [Operations Manager](#) who will provide you with a discount code. In order for the registration system to recognize you are registering multiple players, you **MUST** register all of your players at the same time.

## Players Right to Choose

To truly provide a “player-first” environment, Burnaby FC adopts the principle of the Player’s Right to Choose. This principle recognizes every player has the right to choose or change their soccer environment without pressure, coercion, or recrimination. If those choices fit within the selection and league transfer windows, the player must feel free and unencumbered. We encourage you to review our policies including the [Players Right to Choose](#) on our website.

## Fluid Roster Process

The Burnaby FC Technical Staff retains the right to relocate players at any time to a level that aligns with the optimal long-term development and enjoyment of the sport for everyone. Players, especially young ones, progress at diverse rates, so there is no fixed placement for any player on a specific team or level. Flexibility is maintained, recognizing players may need upward or downward moves to better accommodate their evolving soccer journey. This approach underscores a commitment to personalized development and ensures that players are placed in environments that best facilitate their growth and enjoyment within the sport.



## **Player Placement**

To ensure players are placed at the appropriate level (Fluid Roster Process) at their current stage of development the Club will have three player placement adjustments during the year. These will occur in late November for BC SPL selections and possible changes to BCCSL teams (this is more likely at U11-U13 level than U14-U18); late February for Cascadia Spring League team selections with the following Fall/Winter season in mind and mid-June for confirmation of placement for the following Fall/Winter BCCSL season and BC SPL Phase 2. Coaches will remind players of what specific improvements are needed to either stay or move up a level. Recommendations from coaches and senior technical staff will be utilized to finalize player placement. For more information please see our [Player Placement/Assessment Policy](#). Players wishing to be assessed to move up a level must fill out the [Evaluation Request Form](#) and/or notify their coach.

## **Clubhouse**

Burnaby FC is very proud of its impressive and versatile Clubhouse (6159 Curtis Street) behind Kensington Arena. The Club uses the facility which has a Board room and Clubhouse as well as kitchen and washrooms daily. The facility is used daily by Club technical and admin staff as well as team meetings, information sessions, workshops and coaching seminars. The Clubhouse is also available for rentals from the community. For more information visit [here](#).

## **Schools Program**

Burnaby FC Schools Program promotes children's overall well-being, focusing on the physical and socio-emotional health of the students. Soccer is a powerful tool that helps us teach our players about healthy habits, training, commitment, teamwork, responsibility, among others. These player-centered specialized soccer programs are run by experienced Canada Soccer certified coaches, who follow the most up-to-date coaching methodologies. BFC's Schools Program's main goal is to improve our youth's physical and mental health, as well as their sense of general well-being. For more information visit [here](#).

## **Scholarships**

Burnaby FC has committed to contribute \$10,000 in post-secondary scholarships to graduating Burnaby FC players in 2024. For more information please visit [here](#).

## **Uniforms and Equipment**

Burnaby FC has invested heavily in providing its members with top of the line Adidas kit and equipment across our programs and as a result, the BFC Club brand has become one of the most popular in British Columbia. In order to reduce the staggering amount of extra kit many parents and players inherit on their soccer journey, the Club operates on a two-year kit cycle and works with our supplier to ensure kit availability (sizing changes) throughout the two-year period. Every year we commit to provide our volunteer coaches with an additional clothing item. For the 2023-2024 season we provided a training shirt and track top and in 2024/2025 it will be a rain jacket. Additionally all registered players (U8-U18) will receive a long-sleeve BFC training shirt. The Club will unveil a new game kit for the 2025-2026 season.





## Goalkeeping Development

The position of Goalkeeper is an important piece of the spine of a team which requires specialized training and development to play the position. It takes dedication and commitment to learn the nuances of the position.

Young goalkeepers must prioritize the development of the 4 pillars of goalkeeping, technical, tactical, psychological, and physical. Developing technical and tactical foundations are the most important to gain confidence as they gain experience that will help build on the psychological and physical part of the game.

Our Club and Goalkeeping Development Programs are committed to building the 4 pillars to help the Goalkeepers achieve their goals in the game. For more information visit [here](#).

## Strength and Conditioning

Burnaby FC introduced a Strength and Conditioning Program in 2024. The S&C program promotes player-centered specialized training in a healthy and inclusive environment for all Divisional players (U13 to U21) who want to improve their soccer fitness. Under the management of certified S&C coaches, our program strives to achieve the highest standards in soccer development.

The program is based on current coaching methodologies, aiming to improve our community's soccer level, work on injury prevention, and strengthen/conditioning training for our players. The sessions are held indoors at the BFC Clubhouse and outdoors at Burnaby Central turf field. For more information visit [here](#).



## Futsal

Burnaby FC introduced a Futsal Program in 2023. The sessions are held indoors at various school gyms in Burnaby. For more information visit [here](#).

## Spring and Summer Camps

Burnaby FC offers week-long Spring and Summer Camps as well as She Can Play girls camps and Pro-D day camps. For more info visit [here](#).

## Development Centre

The Burnaby FC Nationally Licensed Player Development Centre is the place for all players wishing to improve their soccer skills and progress to the higher levels. Our DC Programs are run by Nationally Certified Burnaby FC Coaches, following CSA and BCSA guidelines and recommendations using the most up-to-date sport science backed program design, including the LTPD (Long-Term Player Development) and Player Pathway. Our Player-centred programming emphasizes the development of each individual player, to reach their full potential in a fun and challenging environment. For more information visit [here](#).

## Tournaments and Events

Burnaby FC offers a wide variety of additional programs including Kick-Off Jamboree, Labour Day Tournament, Thanksgiving Tournament, Remembrance Day Tournament (girls only), Family Day Tournament (boys only), College Combines (coming in May 2024).



## **First Kicks - U5-U7 (2020-2018)**

A program for beginners, returning players and players new to BFC. The focus is on physical literacy, having fun with the soccer ball and an introduction to small-sided games. Young soccer players will love their early experiences at BFC with age-appropriate activities to hook them on the game and healthy living for life.

### **Under-5 (2020 and 2021)**

**Sessions:** 10 per phase (held indoors with 1v1 parent involvement).

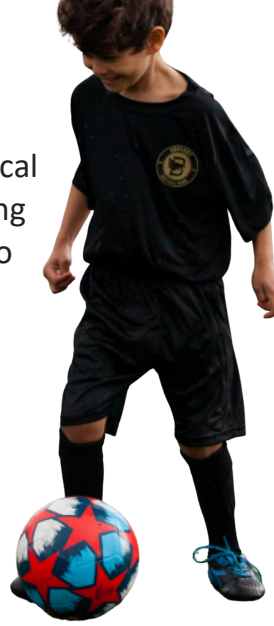
**Dates:** Fall Phase: September - November

**Fee:** \$125 per phase or \$300\* for all 3 phases (Fall, Winter, Spring)

\*Players who have registered for both Fall and Winter can request a \$75 discount when they register for Spring.

**Kit:** Shirt (black), shorts and socks

**Registration will open on April 15 in order for us to better determine sessions times and locations.**



### **Under-6 and Under-7 (2019 and 2018)**

**Sessions:** 1/week (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturdays / Girls on Sundays)

**Dates:** September - March\*

**Fee:** \$300 (Fees are valid until May 15 as an Early Discount. All fees after May 15 will have a \$50 increase. BFC cannot guarantee roster spots for registrations received later than June 15).

**Kit:** Shirts (1 black and 1 white), shorts and socks. *BFC kit is on a two-year cycle, only new players will receive full kit in 2024.*

\*Kickoff Jamboree: BFC's start to the season will be held on Saturday, September 7 at Burnaby Lake West.

**Registration will open on April 15 in order for us to better determine session times and locations.**

## **House - U8-U10 (2017-2015)**

A program for beginners and returning players, focusing on individual skills and team play. Due to expected high registrations and our ongoing search and appeal for coaches, we may have limited space available in some age groups; priority will be given to players whose parents are volunteer coaching.

**Sessions:** 1/week details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturdays / Girls on Sundays)

**Dates:** September 9, 2024 - March 2025\*

**Fee:** \$325 (Fees are valid until May 15 as an Early Discount. All fees after May 15 will have a \$50 increase. BFC cannot guarantee roster spots for registrations received later than June 15).

**Kit:** Adidas home and away jerseys, Adidas shorts and socks, training shirt, Adidas GK jerseys. All 2024-2025 registered players will receive a long-sleeved training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.

\*Kickoff Jamboree: BFC's start to the season will be held on Saturday, September 7 at Burnaby Lake West.

## **Divisional - Super 8/9 U11-U13 (2014-2012)**

A program for beginners, returning players and players new to BFC. Part of the Golden Age of Learning, curriculums follow the most up-to-date sport science backed program design which are age-appropriate for players at all levels. Games inter-lock with other Clubs and leagues are tiered. There are opportunities for additional practices and games DC.

### **Division 1, Division 2A, Division 2, Division 3 (new BCCSL designations)**

**Sessions:** Minimum 1/week\* (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturdays / Girls on Sundays)

**Dates:** September 3, 2024 - March 2025

**Fee:** \$450 (Fees are valid until May 15 as an Early Discount. All fees after May 15 will have a \$50 increase. BFC cannot guarantee roster spots for registrations received later than June 15).

**Kit:** Adidas home and away jerseys, Adidas shorts and socks, training shirt, Adidas GK jerseys. All 2024-2025 registered players will receive a long-sleeved training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.

\*Teams who wish to train more than 1/week, may do so depending on coach and field availability.



## **Divisional - Super 8/9 U11-U13 (2014-2012)**

### **Division 1A (U11-U13) - HP**

**Sessions:** Two 90-minute sessions/week (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturdays / Girls on Sundays)

**Dates:** September - March (training sessions will start in August and games in September)

**Fee:** \$450 base fee (upon registration) + \$450 (Fall) + \$300 (Winter)\* Base fee is valid until May 15 (Early Discount) and will then increase by \$50. HP invitations will be sent June 8 (for Sept-Dec) **only** to players who have registered and paid the base fee. Another evaluation window will occur in November with HP invites sent December 16 (for Jan-Mar 2025). Due to high interest in obtaining an HP position and the need to provide other players a chance to consider other options, players (parents) are required to accept the invitation and pay the HP fee within 48 hours to secure their spot (or advise they are turning it down).

**Kit:** Adidas home and away jerseys, Adidas shorts and socks, 2 training shirts, Adidas GK jerseys, Adidas track suit and backpack. All 2024-2025 registered players will receive a long-sleeve training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.

\* Fee includes BFC professional coaches



## **Divisional - U14-U18 (2011-2007)**

A program for beginners, returning players and players new to BFC. Curriculums follow the most up-to-date sport science backed program design that are age-appropriate for players at all levels.

### **Division 1 (U17 and U18) / Division 2 and 3 (U14-U18)**

**Sessions:** Minimum 1/week\* (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturdays / Girls on Sundays)

**Dates:** September 3, 2024 - March 2025

**Fee:** \$500 (Fees are valid until May 15 as an Early Discount. All fees after May 15 will have a \$50 increase. BFC cannot guarantee roster spots for registrations received later than June 15).

**Kit:** Adidas Shirts (1 black and 1 white), Adidas shorts and socks (1 black, 1 white), training shirt, Adidas GK jerseys (1 blue, 1 orange). All 2024-2025 registered players will receive a long-sleeved training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.

\*Teams who wish to train more than 1/week, may do so depending on coach and field availability.

### **Division 1 (U14-U16) - HP**

**Sessions:** 2/week (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturday / Girls on Sundays)

**Dates:** September - March

**Fee:** \$500 base fee (upon registration) + \$400 (Fall) + \$300 (Winter)\* Base fee is valid until May 15 (Early Discount) and will then increase by \$50. HP invitations will be sent June 8 (for Sept-Dec) **only** to players who have registered and paid the base fee. Another evaluation window will occur in November with HP invites sent December 16 (for Jan-Mar 2025). Due to high interest in obtaining an HP position and the need to provide other players a chance to consider other options, players (parents) are required to accept the invitation and pay the HP fee within 48 hours to secure their spot (or advise they are turning it down).

**Kit:** Adidas HP home and away jerseys, Adidas HP game shorts, Adidas training shorts, Adidas training socks, Adidas sleeves and socks, training shirts, Adidas GK jerseys, shorts and socks, Adidas track suit, backpack. All 2024-2025 registered players will receive a long-sleeved training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.

\* Fee includes BFC professional coaches



## **Divisional - U14-U18 (2011-2007)**

### **Metro (U17 and U18) - HP**

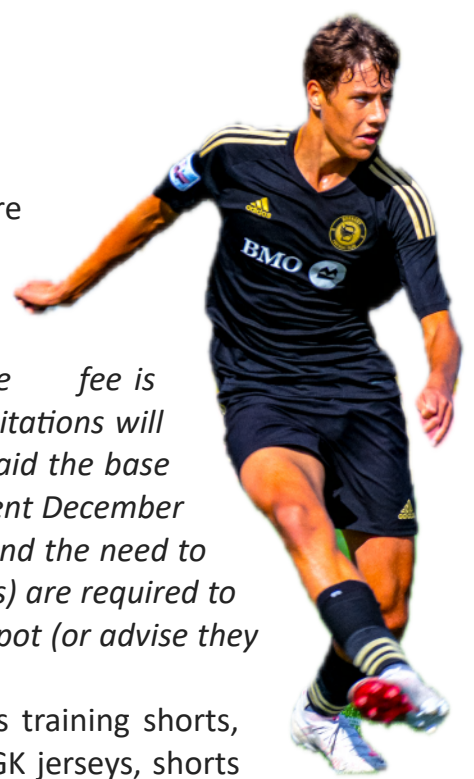
**Sessions:** 2/week (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturday / Girls on Sundays)

**Dates:** September - March

**Fee:** \$500 base fee (upon registration) + \$250 (Fall) + \$100 (Winter)\* Base fee is valid until May 15 (Early Discount) and will then increase by \$50. HP invitations will be sent June 8 (for Sept-Dec) **only** to players who have registered and paid the base fee. Another evaluation window will occur in November with HP invites sent December 16 (for Jan-Mar 2025). Due to high interest in obtaining an HP position and the need to provide other players a chance to consider other options, players (parents) are required to accept the invitation and pay the HP fee within 48 hours to secure their spot (or advise they are turning it down).

**Kit:** Adidas HP home and away jerseys, Adidas HP game shorts, Adidas training shorts, Adidas training socks, Adidas sleeves and socks, training shirts, Adidas GK jerseys, shorts and socks, Adidas tracksuit, backpack. All 2024-2025 registered players will receive a long-sleeved training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.



## **BCSPL - U14-U18 (2011-2007)**

The BCSPL is the top HP youth level level with the focus on player development targeting promotion to BC Provincial program, post-secondary opportunities, as well as Vancouver Whitecaps MLS Boys / Girls Elite Academy (REX) with BFC Professional Coaches.

**Sessions:** 3/week (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Boys on Saturday / Girls on Sundays)

**Dates:** Phase 1 (January to end of June)/ Phase 2 (mid-August to end of November)

**Fee:** BCSPL invitations for the 2025 season will be sent mid-December.

## **Adult Programs**

Burnaby FC is pleased to offer a comprehensive adult program with teams competing in the VMSL (men) and MWSL (women). For the 2024-2025 season, BFC is expected to field men's teams at Division 1, 3 and 4. On the women's side, BFC expects to field teams at Premier, Selects B, Division 3 (possibly 4) and Masters 3. The Club will review its adult programming over the Spring and introduce registration in June.

**Sessions:** Minimum 1/week\* (details will be shared as soon as allotments are confirmed)

**Games:** 1/week (Men on Saturdays / Women on Sundays)

**Dates:** September 3, 2024 - March 2025

**Fee:** Registration for adults will open in June including details for potential new players.

**Kit:** Adidas Shirts (1 black and 1 white), Adidas shorts and socks (1 black, 1 white), training shirt, Adidas GK jerseys (1 blue, 1 orange). All 2024-2025 registered players will receive a long-sleeved training shirt. BFC kit is on a two-year cycle, only new players will receive full kit in 2024.

## **League1 BC**

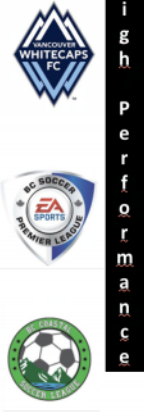
Burnaby FC is very excited to announce it has been awarded entry into League1 BC and will field Men's and Women's teams in the 2024 season which runs from late April to early August with Burnaby FC L1 playing its home games out of Burnaby Lake West in 2024. L1 Burnaby FC is operated as a separate entity from Burnaby FC.







# BFC – Player Pathway 2024



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League1 BC

Adult Leagues (MWSL/VMSL)

Whitecaps Male: Pre MLS/Academy  
Whitecaps Female: Pre REX/Girls Elite

BC Soccer Provincial Program

BCSPL U14-U18 (HP)

Division 1 U14-U16/Metro U17-U18 (HP)

Division 1A U11-U13 (HP)

Development Centre U8-U13

House U8-U10

First Kicks U5-U7

Adult Leagues (MWSL/VMSL)

Division 2 and 3 U14-U18

Division 1, 2A, 2 and 3 U11-U13



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